

# THE SPIRITUALIST

**A Monthly Magazine devoted to Psychical Research and Occultism.**

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of New York, Inc.

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This magazine will deal with various sciences: hypnotism, magnetic and mental healing, mind reading and telepathy, trance and trance mediumship; and explain the various phenomena.

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## “How Shall We Know Them?”

*Suggested by a Mortal's query—“How Shall We Know Each Other There?”*

By “SPIRIT VIVIAN.

Through Mrs. H. Morris, New York, Medium.

How shall we know them when we pass	This body, so frail and weak, mere terres-
Death's portal,	trial,
And meet our loved ones over there,	Will it so long remain,
Will they—immortal, seem the same as	Or, shall a nobler one, some form celes-
mortal,	tial,
What resemblance will they wear?	The freed glad soul contain?

*Answer.*

We know the chill of death, nor when sor-  
row,  
Can cross that shadowy sea,  
There all is changed, no blight on bud or  
flower,  
No withered dearest lea.

No weary, weary days, but every hour,	Then why not bodies fit each one's sur-
More blissful than the last,	rounding,
No troubles, light as summer shower,	All earth-taint and dreary,
Brings memories of the past.	Shall crumble and fall off, and life
	abounding,
	Be theirs, and theirs allway.

The dumb shall speak, at last the blind go	My darling one, an angel sent—not given
seeing,	More angel—like shall be,
The lame be lame no more,	The mother, dying with a smile from
And all be young, all beautiful while be-	heaven,
ing—	Smiles sweeter, lovelier—free!
The self-same as before.	

The bride than when first wed, be more  
transcendent,  
The sire you loved of old,  
And son, and daughter, *all* with light re-  
splendent,  
And dazzling to behold!



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NOVEMBER, 1915

No. 4

## Neptune, Its Influence and Effects Upon the Human Race

By Dr. Llewellyn George, D. N., F. A. S. Portland, Oregon.

*Astronomical Data.*

The existence of Neptune was predicted, and its place assigned by Adams in 1845, and by Leverrier in 1846; and it was actually identified by Galle at Berlin, September 23rd, 1846, as a ninth magnitude star, with a diameter of 30,000 miles. Prior to this Neptune was so commonly thought to be merely a myth of the old Greek mythology. But modern scholars who have made a study of the ancient mystics declare a belief that Neptune and its influence was known to the adepts and seers of old.

Neptune is fifty-four times more bulky, though only seventeen times more massive than the Earth. The period of axial rotation has not been definitely determined. It travels around the sun at the rate of three and one-third miles a second and it completes a revolution in 165 years. Its orbit being slightly eccentric

its mean distance of 2800 million miles varies to the extent of 50 million miles; the orbital plane is inclined 1 degree 47 minutes to the ecliptic. Neptune has one satellite which was discovered by Lassell, October 10th, 1846. It is a body about as large as our moon, and circulates in five days, 21 minutes, three seconds in a circular orbit with a radius of 221,000 miles, and an inclination of 145 degrees, 12 minutes to the plane of the ecliptic. Its movement is accordingly retrograde, or from east to west.

### THE INFLUENCE OF NEPTUNE ASTROLOGICALLY CONSIDERED.

The influence of Neptune upon human kind is that of a mediumistic order and those who are responsive to the vibrations of this mysterious planet are often subject to queer and undefinable feelings, sensations and emotions.

At times it produces negative states in which the subject takes on the influence of surrounding conditions either consciously or unconsciously and acts or feels, for the time being, in accordance with the nature of that (or whom) they may be in contact.

When this planet is well aspected in a horoscope the native is endowed with inspirations and correct premonitions and are apparently often directed to do just the right thing, or to be in just the right place at critical times. They are frequently clairvoyant, and have certain feelings about things which should be studied and respected, as Neptune gives psychometric faculty, which can be developed to so fine an order that its subjects can give truly interesting facts through the sense of touch, when handling an article for that purpose. They can also very correctly interpret dreams if they give the matter their attention. It usually bestows some artistic gift, which is susceptible to excellent development.

In fact, briefly stated. Neptune represents inspiration, psychometry mediumship and dinner feeling, as Venus, its octave, rules touch or outer feeling. It rules things or conditions of a mysterious, hidden nature such as seances, silence meetings or affairs of a very secret order, etc. Its influence is neutral and the character of its expression through any organism is dependent upon the equality of the aspects and its position in the horoscope. It represents the feet in the human organism, but in its esoteric sense it governs the very base of understanding, and knowledge of things as they are and not what they seem to be. It does not appear to have affinity with any metal, mineral or material substance, as do the other planets, but it has dominion over liquids, gas, drugs, and such things as produce unconsciousness.

When Neptune is found badly located

in a chart and adversely aspected it leads to over-receptivity, inertness and states too negative or passive, which result in various ills or defects in character, allowing weakness to temptations when strength and resistance would be proper. The sense-loving and emotional passions seem to predominate which, if allowed to run into extremes, produce unnatural appetites, changefulness, uncertainty, indolence, vague imaginations, intrigues and confusion, bringing troubles through schemes, plots, deceptions and secret enmities.

As when well aspected Neptune bestows some gifts, so when afflicted it gives some weakness which should be discovered early in life and properly transmuted. With Neptune afflicted the native being rapidly affected by the environments and surrounding conditions mentally and physically should investigate the philosophy of all things mysterious before trying the phenomena. They should avoid all such places as hospitals, slaughter houses, etc., or any other place where the influences are contaminating. They would do well to take frequent and regular treatments of auto-suggestion to become firm, positive, energetic, as the case may require, and they may be assisted in this matter by others who are capable and who have themselves reached a high plane of spiritual development, because as before stated this is a neutral planet and its influence or manifestations may be transformed and improved.

There are days when people ruled by Neptune should have nothing whatever to do with any occult phenomena, seances, medicines, narcotics, anesthetics, etc., then again, there are days when they should strive to develop their artistic or occult faculties, and these times are like planetary hours of Venus, on the days when the moon is in good aspect to Neptune.

## Farewell

By "SPIRIT VIVIAN."

We will not say,—“farewell,”  
For kindred lives will blend,  
And in true friendship, we shall dwell,  
Though parted friend from friend.

We part, but friendship's chain  
Our souls shall firmly bind,  
In spirit!—we shall meet again,  
And sweetest comfort find.



## Magnetic Healing and Occult Force

(Continued)

We have during our researches established beyond controversy that all disease is a disease of the vital force, and that both health and disease depend on the electrical conditions of the body.

The human race has been the victim of drugs for many generations, and the number of stores upon our streets for the sale of these poisonous medical agents, attest the havoc which they play upon those who ignorantly use them. That they are worse than useless is attested by the wisest and best of the medical fraternity; and Dr. Oliver Wendell Holmes did not hesitate to declare that if all the drugs of the world were thrown into the sea, it would be so much better for humanity, and so much worse for the fishes. The physician who would give his patients to-day the treatment deemed proper and necessary fifty years ago, would be in danger of being adjudged a lunatic, and the result of the experience with drugs proves that they are not only most injurious in their action but they are extremely uncertain, as the state of mind of the patient has more effect on the disease than a drug has where a cure is affected by their agency; it is the belief of the sufferer in their power to relieve him which effects the cure and not the drug itself. And since imagination and mind has so powerful effect over the disease that bread pills as any, if the patients believe they are the plain conclusion which every man must come to is, that mind is all powerful as any if the patients believe they are, the plain conclusion which every man must come to is that the mind is all powerful and can restore to health without any assistance except that which nature freely gives to all men who will avail themselves of it. Personal Magnetism is at once the most potent agent in curing disease and repelling its attacks, and the day is not far distant when the present costly and unsatisfactory methods of treatment in general use, will be entirely rejected by the people and will be replaced by the more advanced method.

Those who possess the key to Personal Magnetism, not only hold in their hands

that which drives away disease, they are also able to use it at their will to influence others, and its value is inestimable, if it is to be used by persons who act with right motives and from a desire to do good.

It can be used to influence the thoughts and actions of others without their being aware of it.

Perhaps the cause of disease can be traced to over-eating more than to any other cause; most everyone is guilty of this injurious practice and not occasionally, but habitually and almost uniformly from the cradle to the grave. It is the bane of our infancy and youth, of our maturity and age, and is more common than intemperance in the use of intoxicating liquors, and yet great as the curse of strong drinks is we do not doubt that quite as much evil is done by over-eating.

Intemperance in eating and especially in eating stimulating and highly seasoned food, leads to an unnatural craving for stimulating drink. Go to our dining rooms, our nurseries, our fruit stores, our confectionaries, and our pleasure gardens; go even to the sick room and you will always find an abundant evidence of this.

The idea has taken possession of our people that eating a great quantity of food is necessary to strength, and the frightful mess provided, often consists of all sorts of edible materials that can be collected together without any knowledge of its fitness to furnish the proper material for building the human body, and the amount eaten is only limited by capacity and the endurance of the human stomach. Even in sickness, when nature enjoins abstinence by depriving the patient of an appetite, over-eating is indulged in the plea without it they cannot regain strength or will become worse. Beware of this specious plea, it is not the quantity of food eaten that makes a man strong, it is the amount which is needed and properly digested; any surplus over this merely clogs the system and prevents the healthy action of the digestive apparatus; under these conditions all food is worse than useless. The test should be applied by observation and all food that is proved by

experience to be injurious should be rejected. By diligent application of this rule good health may be enjoyed and a physician never needed.

It is always the case that over indulgence in food leads to other excesses fatal to health, while a course of moderation and self-restraint in this makes all self control easy indulgences in smoking and chewing tobacco, naturally leads to indulgence in alcoholic liquors; indulgence in stimulating food inflames the passions and leads to sexual excesses. It is an important step in a man's life when he first tests the power of his will over his own appetite, the first step is always the hardest and each successive conquest becomes easier; he who gives up the tobacco habit after a hard struggle, will be an easy conqueror of his taste for liquors, and when he is so far advanced on the road he is ready to use his reason in determining the amount of food required for health and will be likely to decide in selecting the kind of food.

Disease is simply a lack of vital power, or a lack of the healthy balance or equilibrium of the electrical forces of the body. By our treatment we restore the natural flow of the vital electricity to all parts of the system, the brain, the heart, the lungs, the stomach, the intestines, the generative and reproductive organs, the muscles, nerves, the kidneys, glands and every fibre and tissue of the body. Hence it is plain by the use of magnetism the harmony and the equilibrium of the system is restored and in that way the patient is restored to perfect health. No violence is done to any organ of the system, as the healing agent is a natural one and leaves behind it no mineral poisons, no narcotics, no vegetable irritants. The positive and negative forces of the body are restored to their full vigor and power and the blood resumes its healthy course. All congestion and inflammation disappear and pain and irritation are allayed.

The most indispensable condition for perfect health is to have the system filled with Vital Magnetism. All hardships can be endured much more easily and diseases can obtain no foothold when the blood is filled with the life sustaining power. It was remarked by surgeons who treated cases in the War of Rebellion, that some would recover, though suffering from ter-

rible wounds, while others die from a mere scratch; the difference was due entirely to the amount of Vital Magnetism. In one case it was abundant, in the other it was different. All the luxury that wealth can supply cannot for a moment take its place and the rich and pampered patient whose blood is impoverished of the needed supply of magnetism, tosses restlessly on his luxurious couch though surrounded by all the medicine and stimulants known to the medical profession.

Medicine and stimulants may for a short time ease pain, but in every case it is nature alone which cures and Vital Magnetism is her agent for expelling disease. All other therapeutical agencies cannot for a moment be compared to this, and its general use will in the future take the place of all other means of preserving and restoring health.

The power of thought to aid in curing disease is recognized by all the medical authorities and it has equal power to cause diseased conditions; against the patient who is weary of life and who is really praying for death all remedies are powerless. It is a well known fact that certain races can die when they will. The natives of Sandwich Islands are possessed of this peculiar power, and they do not need to employ any of the ordinary means to commit suicide, they can lie down and die quietly by a mere act of their own will. There is no power so strong to call back health and strength to a wasted frame as the desire to live. Hope, desire and tenacious clinging to life has prolonged many a broken, wasted life for many years.

Every man who has the welfare of his fellow man at heart must look with pain and sorrow upon the disease, the discord and the misery which cloud so many lives, and we who have risen about strife and conflict, know that the only true and lasting remedy for it is having men rightly born. The race of the future who are to achieve a lasting conquest over poverty and all discordant circumstances, come into life as the result of the new ideas which are spreading far and wide. Science tells us that the desires of the mothers are all powerful in shaping the character of the child, and the coming man will be shaped and moulded by the thoughts now burning in the heart of the new woman.

not the only inhabitants of the next world—that there are good spirits hitherto intercepted by evil. No doubt, the Biblical injunction against having to do with familiar spirits, met the demand of the times and was aimed at suppressing a certain natural and evil form of religion, such as will be found everywhere, today, among the savage tribes of Africa or elsewhere. Jehovah, himself, was an evil deity. Moses convinced Jehovah that he was wrong and "God" repented the evil he had thought to do to the world. The Bible ac-

cuses Jehovah of ordering the massacre of the whole Medianite people, except the virgins. Also, several thousands of innocent people were massacred at Jehovah's behest, because six men looked into the Ark. Now, Jesus Christ charged all witnesses of his miracles to keep the facts secret, in order (as the writer thinks), to avoid the accusation of witchcraft, which would follow if the authorities heard rumors. The less said about the familiar spirit, the better.

*(To be continued.)*

## Hypnotism and its Use

*(Continued from October.)*

In another stage this power proves itself even more wonderful than in the former. You may give the subject a command to do something, a month or a year hence; when awakened he will not remember what has been told him, but when the time comes, he will carry out the command, doing just as you told him to do, and he will never suspect that you or anyone else has given him a suggestion, but will firmly believe it is his own idea and thinks he is loing it solely because he wants to do so. Suggestions of this kind are called Post-hypnotic, and when given they should be of such a character as not to bring any great hardships upon the subject. Post-hypnotic suggestions may be used to inspire a love in persons for study or work; to correct bad dispositions in children or adults; to endear one to his home; to idspel the "blues" to enable one to obtain control of that which legitimately belonged to him; ti Cure Drunkenness, and the Morhpine, and Cigarette habits; to restore the affections of those who have become estranged, to make one liberal while he is stingy by nature, and in hundreds of other different ways. When given under the proper condition the subject has never been known to fail to carry out the suggestion.

When the person obeys the Post-Hypnotic Suggestions he is perfectly wide awake and in his natural state, and to those around him seems to be acting solely from his own impulses. This is the most marvellous, wonderful and mysterious stages of Hypnotism.

In another stage you may cause one to obey your commands while he is perfectly conscious, knows you are influencing him and realizes everything is going on, what he is doing, but still cannot resist carrying out your suggestions. What can be more wonderful and powerful for good, than a force which moulds the mind of men and fits them for greater things, which harnesses the intellectual faculties of the human being, and directs the channel of his thought and desires and alters his very personality. Hypnotism and Suggestions are doing this every day, all about us. You should learn to govern your home and keep happiness within your doors. You can make everyone love you and others will wonder how you do it. You can secure the good will of anyone you wish, so that he will do most anything you desire him to do. You will not only make friends, but you will be able to keep your friends forever. You can become prominent in society, and this stage is called Personal Magnetism and is to be reached only through the Scientific Evolution and Development of the self. This mysterious power is within the reach of all who will make an effort in the right direction. Do you know how to do these things, or are you totally ignorant of them? If so, yiu can easily learn. You can acqiure this wonderful power, and use it to accomplish much more than you can possibly imagine, the truth is, anyone can do all this and more having been taught how. It is the faculty inborn in every individual just like the faculty of move-



ment it only requires cultivation in order to be developed and applied. It is within the reach of all and as easy to learn as to learn how to swim or to cook, by any individual of ordinary physical activity. To control other minds is easier than swimming and cooking while it is immensely superior to any accomplishment, in the way it gives the possessor influence where he most desires it. It is not even necessary that you should have extraordinary will power of your own. A calm and bland self-poise in the belief that Nature will follow her own laws, is all that is necessary, besides the simple knowledge of how to bring those laws into operation. It can be taught to anyone.

"Now a few words concerning suggestion. This is no longer one of the curiosities of science; it is a therapeutic resource of unquestionable value, which is within the command of everyone who is willing to take the trouble to inquire into its nature and manner of use." Suggestive therapeutics is, perhaps one of the best curative powers ever introduced into man's brain; it calms nervous agitations; it positively cures insomnia. If patience is used, it will cure the worst cases. Headache, toothache, stiff neck, are entirely cured in one treatment. To add Hypnotism to Suggestion makes a power so strong and wonderful, where rightly applied, that diseases must vanish before the active force, which is so powerful that even the operator is surprised at his own success.

All recognize what sleep means to the sick. It is worthy of note that persons pass from a state of Hypnosis into a Natural Sleep, or by Post-Hypnotic Suggestions, natural sleep is secured at any set time; thus the much needed rest and recuperation is obtained without drugs and their too frequent evil results.

Bad habits of all kinds are easily overcome by Hypnotic Suggestions; such as lying, stealing, violent temper, sullenness, bad dreams and hallucinations. Children who are afraid in the dark, who are malicious or lazy, can be cured of all these through Hypnotic Suggestion. Some have to be treated two, three or four times, but during the treatment the badness departs, leaving goodness in its place, in spite of the patient's efforts to remain as he was. Hypnotic control will bring one

back from the borderland of insanity. It will give back the power of concentration and put sunshine and happy thoughts into a dark and clouded brain. Hypnotism and transformation are twin brothers, bringing happiness into every home they are admitted. Suggestion strengthens the nerves, thereby adding strength to the whole being, which is yet one of its mighty secrets. It does much toward dispelling the troubles of the world. Imaginary ills, fretting and fault-finding have to depart, and they seldom return after the treatment is given. Learn the way to cure the sick and to make life joyous. This is the true philosophy of success; that in this century will give power and strength to all who understand this science, and how to apply it. This is the age of progress in the world of thought and human activities, and he who would keep abreast of the times must be awake and ever alert. Therefore the successful man should understand this wonderful science. Pause a moment and think of the wonderful power such an agent must possess to be able to do this. This force has been sent to earth for the good of mankind. This great Power has been put into man's hands to relieve suffering humanity of its many ills.

It is a great and grand privilege to be the one selected to use this powerful influence over others, which ever proves a blessing to the sick and unhappy. You should study this subject thoroughly and deeply for the success it will bring you as well as for the help that others through you will receive. A course of lessons in modernized Natural Healing will give you all the knowledge needed to become a wonderful healer. Every father and mother should understand this science, so as to be able to control and break all the bad habits in their children, and by its diligent application to all evil tendencies, prevent their progeny from falling into disgrace. You have this power now within your reach.

As means of amusement nothing that has ever been devised will furnish as much fun and mystery as can be obtained from a demonstration in Hypnotism. But as the humorous side of it is usually an abuse of the power one should use it sparingly. With a good knowledge of Hypnotism you can be a royal entertainer at a parlor



gathering and command the respect of the best and most intelligent people of your locality. When you have the knowledge you have something which very few people possess, so that those that come in contact with you, are bound to respect and honor you on account of your superior attainments. This subtle and overwhelming influence will affect the strongest man, completely subduing his mind and will, so that he will obey your slightest wish. You can make him forget his own name and in a second make him think he is the President of the United States. By a mere Suggestion you can make his body as rigid as a bar of iron, so that, being placed like a bridge between two chairs, he can be made to sustain a weight of several hundred pounds, with no other support except at the head and feet.

A person can be made to believe that he is a dog and will bark. You may put his hands or arms in motion and tell him he cannot stop them, and he really cannot; tell him to walk the floor and he is forced to do so until the order is countermanded; ask him to dance and he dances, ask him to sing and he sings. You can make him believe a potato is a delicious orange, an onion a pear, and he will devour it with many expressions of delight. You can make him believe that vinegar is water and he will drink it with relish.

You can make him believe he is a lady and cause him to assume a lady's tone and walk. You can convince him that a string is a live snake, that a table is a lion, or a handkerchief a baby. You can draw a chalk line and prevent him from crossing it. You can lay down a penny and make it too heavy for him to lift. You can make your subject rigid, so he can't arise from the floor no matter how hard he may try. You can make him come to you in spite of his most strenuous efforts to keep from doing so; and distances make no difference, you can make him come hundreds of miles.

The mind of a Hypnotized person can entertain but one idea at a time, and consequently whatever idea is put before him is seized upon with all force and earnestness of his being. If a bashful youth is told when he is Hypnotized, that he is a great orator he at once acts on that suggestion, and that idea takes possession of him. He sees an imaginary audience,

puts forth all his energy in addressing it, and actually talks and gesticulates like a finished speaker. You can make a couple think they are eating ice cream, while in reality they are eating flour. You can make your subjects think they are hearing a funny story, and they will laugh immoderately. No two will be affected alike—all will have a different expression on his face. You can Hypnotize a dozen subjects at one time, and make each one do a different thing which will greatly amuse your audience. You can pile several Hypnotized across chairs like sticks of wood, and get upon them and stand, or have others from your audience do so. You can make your subjects stronger than Sandow, so that he can lift readily over his head a weight of two hundred pounds, which he could scarcely lift from the floor in his natural state. This is a scientific wonder to students of this marvellous science. The next minute you can make your subject utterly powerless, so that he can't lift a feather from the floor. You can hypnotize him without his knowledge and when he is brought out of the influence, he will have no remembrance of what he did. You can make a half dozen subjects imagine themselves to be minstrels, and they will amuse you and entertain you with a hat for a base drum, a cane for a fife, a couple of tin plates for cymbals, etc. They will give your audience more delight than any minstrel show. You can make them imagine they are catching fish from a tub, with a broom for a fishing rod. You can make them believe they are soldiers and that they are going into the army. You can cause a lady to give a lecture on any subject you wish, or sing a song never heard by her, and she will sing it correctly. You can use a subject to gather flowers from the carpet. The most amusing feature of the performance is the serious way they all go about these ridiculous and absurd things. This together with the performance, makes it the most laughable spectacle that could possibly be imagined. It would be possible to go on and fill a volume with these things hypnotized person can be made to do, but even then you would form a very imperfect conception of the wonders of this science. You must study it well before you come to know what Hypnotism will do or where it will end, as every day

some new discovery is added to the long list of what it will accomplish. Every one should know how to hypnotize. Why? Because you want what Hypnotism gives. You want the benefits derived from its use. You want admiration of the people. The knowledge of Hypnotism will give it to you. One of the great secrets of success lies in the ability of influencing others and bending them to your will. Everyone you meet either influences you or is influenced by you. Your proper place in life is the one in which you influence and dominate in others. Hypnotism gives you the art of fascinating and the power to keep admirers. If you want success, power, happiness, love, health and wealth, you can have them all, if you will only go about it in the proper manner. The power of fascination in man and the lower animals is exerted through the same medium, and produces to a certain extent, the same results although man has many advantages and can employ many more methods if he would only learn how to develop and use them. Dr. Good mentions the curious fascinating power of the rattlesnake, in particular, over the various small animals, as birds and squirrels, which incapable of turning off their own eyes from those of the serpent, enchanted and overpowered with terror, and amazement, seem to struggle to get away, and yet progressively approach the reptile, and as though urged forward or attracted by the power superior to that on natural instinct, till at length they enter, apparently without foreign force into the serpents mouth, which had all along been open to receive them, and is instantly devoured.

The larger kinds of various snakes have undoubtedly a similar power. Dr. Barrow in his travels, into the interior of South America, asserts this to be a fact, well known to almost every peasant in that quarter of the world; and Vallian, in his travels into Africa, affirms that a place called Swortland, beheld a shrike in the very act of being fascinated by a large serpent at a distance, whose fiery eyes and open mouth it was gradually approaching, with convulsive tremblings, and the most piteous shrieks of distress. He shot the serpent before the bird had reached it; yet the bird did not fly, and on taking it up found it was already dead, either being killed by fear or the fasci-

nating influence of the serpent. On measuring the ground he found the distance between only three and one half feet. There is a case much in point, described in "Philosophical Transactions," which says that a mouse, but by the way of experiment, into a cage in which a female viper was confined, appeared at first greatly agitated, and was afterwards seen gradually to draw near to the viper, which continued motionless, but with fixed eyes and distended mouth, and enter into its jaws and was devoured.

Animals of late days have been frequently fascinated for the purpose of experiment, and a universal rigidity of the muscles produced such as to resemble the rigidity of statuary, and the animal could be taken up and its whole weight supported by one foot,—and this state produced and continued at pleasure. Mr. Bruce, the great African traveller, distinctly states from personal observation that all the blacks in the kingdom of Senaar, whether Funge or Nuba, are perfectly armed by nature against a bite of either scorpion or viper. They take horned serpents in their hands, at all times, put them in their bosoms, and throw them at one another as children do apples or balls; during which sport the serpents are seldom irritated to bite, and when they do bite, no mischief ensues from the wound. The influence exerted upon them is so great that they are scarcely able to attempt any resistance, even when eaten up alive, which Bruce assures us he has seen. He also positively affirms that they constantly sicken the moment they are laid hold of and are sometimes so exhausted by this invisible power or fascination, as to perish as effectually, though not as quickly as by lightning. "I constantly observed," says he, "that however lively the viper was before being seized upon by the barbarians, he seemed as if taken with sickness and feebleness, frequently shut his eyes and never turned his mouth toward the arm of the person that held him."

This power is often used by man to disarm the fury of the most enraged or vicious quadrupeds. This is peculiarly seen at times in the case of watchdogs over whom some house-breakers have found out the secret of exercising seductive and quieting power so as to keep them in profound silence while the burglary is com-

mitted. Linderkrantz of Sweden, tells us that the natives of Lapland and Darlane are in possession of this secret, insomuch that they can instantly disarm the most vicious bull dog, and oblige him to fly from them, wit hall his usual signs of fear, such as dropping his tail and becoming suddenly silent. Grooms are sometimes found to possess similar influence over horses. Mr. Townsend gives a striking anecdote of James Sullivan. The man, an awkward, ignorant, rustic of the lowest class—was by profession a house-breaker, and generally nicknamed the 'Whisperer,' it being vulgarly supposed that he obtained his influence over horses by whispering to them. The actual secret of his fascinating power was very likely unknown to himself, for it died with him, his son who was in the same occupation knowing nothing of it. It was well known to every every one that, however unbroken or vicious a horse or eve na mule might be when brought to him, in a short space of time he became altogether passive under his influence and not only entirely gentle and tractable but in a very considerable degree continued so, though somewhat more submissive to him than to others. There was a little mystery in his plan, but unquestionably no deceit. When sent for to tame an unruly horse, he ordered the stable door shut upon himself and the animal alone, and not to be opened until a signal was given. This singular intercourse usually lasted for half an hour. No bustle was heard, nor did there seem to be any recourse to violence; but when the door was opened the animal was always seen lying down, and the fascinator by his side playing with him familiarly as a child with a puppy. Mr. Townsend once saw his skill tried on a horse that would never stand to be shod. The day after Sullivan's half-hour lecture he went, not without some incredulity, to the smith's shop with many other curious spectators, who witnessed the complete success of his art. This, too, had been a troop horse, and it was supposed, not without reason, that after the regimental discipline had failed, no other influence would be found availing. He observed that the animal seemed afraid whenever Sullivan either spoke or looked at him. In ordinary cases the mysterious prepara-

tion of private interview was not necessary, the animal becoming tame.

We have well attested instances of animals in some cases fascinating men. A man walking in his garden, accidentally saw a snake in the bushes, and observing the eyes gleam in a peculiar manner, watched it closely, but soon found himself unable to draw off his eyes. The snake, it appeared to him, soon began to increase immensely in size, and assumed in rapid succession a mixture of brilliant colors. He grew dizzy and would have fallen in the direction of the snake, to which he felt himself irresistably impelled, had not his wife come up behind him, and thrown her arms around him, dispelled the charm, thus saving him from certain destruction. There are too many instances to mention a title of them; but there is one that is very generally known. Two men in Maryland were walking together, when one found fault with his companion because he stopped to look at something by the roadside. Perceiving he did not heed him, he returned to learn the reason, when he perceived the other's eyes were fixed upon a rattlesnake which had its head raised and eyes glaring at him. The poor fellow was leaning toward the snake, crying piteously in a feeble voice, "He will bite me, he will bite me." "Sure he will," said his friend, "if you do not run. What are you staying here for?" Finding him dumb to all entreaties, he struck down the snake with a limb of a tree, and pulled his companion violently away. The man whose life was providentially saved, found himself very sick for some hours after his enchantment. You may express astonishment at the new light in which the whole subject is presented. There can possibly be no cavilling at any of the positions assumed.

From what has been shown we may prove four things:

First—That man can fascinate man.

Second—That man can fascinate the lower animals.

Third—That the lower animals can fascinate one another.

Fourth—That the lower animals can fascinate men.

*(To be continued in next month's issue.)*



## As a Man Thinketh in his Heart

By CARL SCHURZ LOWDEN.

Christianity is effort. Christianity is persistence plus repentance plus forgiveness. A Christian's mental attitude must be Christ-like—not equal to Christ's, for He was the son of God—but it must be born of the same grace and humility and love for humanity. Christians must observe the Ten Commandments. They must obey the Golden Rule. To be good and to do good—to develop character by rendering service—the one is the aim and the other is the precept of Christians and Christianity.

To be a Christian does not require learning or breadth of information. It requires only an honest heart coupled with a profound desire to obey God and his messenger, Jesus Christ. To be a Christian is to believe Christ's teachings and to follow them as they are understood—to devote one's life to improvement of self and others, and to overcome evil not by force but by the example of good.

Henry Ward Beecher, the minister who sinned and by true repentance surely earned his Master's forgiveness, has described and defined Christianity probably more distinctly than any other eminent authority. "He is a Christian who," the great divine states, "is manfully struggling to live a Christian life." Mr. Beecher put the same thought into different form when he said, "A Christian is nothing but a sinful man who has put himself to school to Christ for the honest purpose of becoming better."

Is it true that he, who honestly endeavors to live in the manner of Jesus, is a Christian, *per se*? "For as he thinketh in his heart," saith the prophet in the Book of Proverbs, "so is he." A Christian follows Christ as nearly as a finite mind can. He is good. He does good. He befriends humanity. To be right and to do right in the light of one's own conscience—this should be the basic thought of all who style themselves Christians.

When Christ was called Good Master, He replied, "Why callest thou me good? There is none good but one, that is God." Concerning a sinful woman, Jesus said, "He that is without sin among you, let him first cast a stone at her." Her accusers vanished, and Jesus said, "Woman, where are those, thine accusers? Go and sin no more."

Christianity is boundless. It has no limit—else it would not be Christianity. The cardinal principle is repentance after sin, and forgiveness which springs from one's own heart or conscience. "And if he trespass against thee seven times in a day" are the words of the Gospel, "and seven times in a day turn again to thee, saying, 'I repent', thou shalt forgive him." Here is repentance, here is forbearance, here is forgiveness. A follower of Christ may sin deeply but if he repents sincerely and his own conscience forgives him, he is still a Christian—"for as a man thinketh in his heart, so is he."

## MEDIATION

By EMILY T. REYNOLDS.

Who is your God? Would you dare to  
stand  
Under the blue arched dome so pure and  
grand  
To worship idols and man-made creeds  
Judging a brother by thine own evil  
deeds?

Where is your God? He breathes in the  
little flower  
And rides the storm with a mighty power  
In the whispered word—the silent prayer  
Deep in the soul your God is there.

Exalted thought to comprehend  
God is Spirit—Father—friend,  
Mother—All of life—How can you fear  
The living God unseen—but ever near.



•

Figure 1. Schematic representation of the experimental design. The subjects were divided into two groups: the control group and the experimental group. The control group was divided into two subgroups: the control group and the control group. The experimental group was divided into two subgroups: the experimental group and the experimental group. The control group was divided into two subgroups: the control group and the control group. The experimental group was divided into two subgroups: the experimental group and the experimental group.

Age Group	Gender	Percentage of respondents who believe the U.S. should take action
18-29	Male	~65%
	Female	~85%
30-49	Male	~75%
	Female	~85%
50-69	Male	~80%
	Female	~85%
70+	Male	~85%
	Female	~85%

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[illegible]

1.  $\frac{1}{2} \times \frac{1}{2} = \frac{1}{4}$

Figure 1. The effect of the concentration of the *Agrobacterium* suspension on the transformation efficiency of *Agrobacterium* strains. The number of transformed cells was determined by the number of colonies obtained after plating on selective medium. The results are the mean of three independent experiments. Error bars represent standard deviation.

Figure 1. The effect of the number of trials on the number of correct responses. The number of correct responses was significantly higher than the number of incorrect responses in all conditions.

Trial	Control	MCI	AD
1	95	85	75
2	95	85	75
3	95	80	70
4	95	75	65
5	95	75	65

Figure 1. The effect of the concentration of the *Agrobacterium* suspension on the transformation efficiency of *Agrobacterium* strains. The concentration of the *Agrobacterium* suspension was 10<sup>6</sup> cells/ml (A), 10<sup>7</sup> cells/ml (B), 10<sup>8</sup> cells/ml (C), and 10<sup>9</sup> cells/ml (D). The concentration of the *Agrobacterium* suspension was 10<sup>6</sup> cells/ml (A), 10<sup>7</sup> cells/ml (B), 10<sup>8</sup> cells/ml (C), and 10<sup>9</sup> cells/ml (D).

1. *Chlorophyll a* (Chl *a*)

Wm. H. Pearce,

Pottsville, Pa.

My dear Son:

I have decided to come in this way and send you a letter so that it may ease your mind and make you feel that your friends on this side of life have not forgotten your earthly welfare. Since my going away from you, life has changed for you a great deal, it has taken on a different aspect, and you see things in a different light, all of these things must come to you gradually, as you need them. You may feel within yourself that spirits are very slow in doing things, but we understand the situation very much better than you do, and never want to do anything that will cause any inconvenience or trouble. We have had many things to encounter on our side, things which you know nothing about and for that reason our progress has not been as rapid as we would have liked, but my boy, we do not want you to give up nor be discouraged for all things will come. I am not able to write you any private matters, but in the very near future will write you and set you aright upon some matters which are bothering you at the present time.

With many spiritual blessings,

Henry Pearce.

Wm. O. Sutton,

Chicago, Ill.

My dear Will:

A long time has passed since I have been with you in the earth form, and many changes have taken place so that when I look around at the old surroundings all seems so strange and new to me, but it is impossible to stand still for you must move along with the times. When I went away from you it was very sudden indeed, and to tell you the truth I did not really expect to go, but death is no respecter of persons for when it raps at your door, you must be ready. I am not now, never have been sorry, for making the change, for me it was to my advantage, but the greatest sorrow was for you who were left behind. But time heals all things and the day will come when all will be together and the many unpleasant incidents of life forgotten. We have every advantage over here and we make good use of them, as every one must help themselves.

With love,

Magdalena (Lily) Sutton.

Read what *Emma Rood Tuttle* says about our magazine:—"Your last issue was fine, and will only add that I have every faith that your career will be a success. The spirit and tact you show is fine. In great haste.

Yours sincerely,

Emma R. Tuttle.

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"I enjoyed every word of your magazine, and think it is splendid."

Sincerely,

Mrs. Charles Nuttall.

May bright Lights from Spirit land,  
Ever shine around your Soul,  
And fill you with their quickening fire,  
And lift you to the highest goal.

For you were sent by Angel hosts,  
To fill the Earth with light,  
And as you walk the darkened way,  
You scatter blessings bright.

When the path's been steep and thorny  
And sore your bleeding feet,  
And your soul's been steeped in sorrow,  
Then Bright Angels have come to greet.

By Rosa Hanson.



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